

JL - School Wellness

Health and Wellness shall be promoted for all members of M.S.A.D. #22's communities.

M.S.A.D. #22 will utilize school and community resources so that students shall possess the knowledge and skills necessary to make nutritious food choices and enjoy physical activity for a lifetime; and staff will model healthful eating and physical activity.

The Superintendent of Schools shall develop regulations to include an action plan for each of the following:

- Commitment to nutrition
- Commitment to physical activity
- Commitment to comprehensive health education
- Commitment to promoting/marketing a healthy school environment
- Commitment to implementation

Adopted: June 21, 2006